

THIS WEEK'S SOUPS



21 – 15 AUG 2017

THAI STYLE CRUSHED CHILLI CHICKEN **5.25**

Free Range Minced Chicken, Coconut Milk, Chillies, Chinese Cabbage, Bamboo Shoots, Water Chestnuts, Lemon Grass, Galangal, Shrimp Paste, Lime Leaves, Lemon Juice, Soy Sauce
DF – Contains Crustaceans, Soy (Kcal 579)

Dan Dan SZECHUAN BEEF BROTH **5.50**

Diced Beef, Crushed Chillies, Spring Onions, Soy Sauce, Ginger, Celery, Szechuan Pepper, Star Anise, Cinnamon
Served with Rice Noodles, Spinach & Fresh Herbs
DF, SK – Contains Gluten (Kcal – 261)

FIRECRACKER SHRIMP JAMBALAYA **5.95**

Jambalaya is a Louisiana (USA) Creole dish of Spanish and French influence
Shrimp, Chickpeas, Red Kidney Beans, Onions, Celery, Tomato, Spinach, Garlic, Scotch Bonnet
DF, GF – (Kcal – 427)

LAP CHEUNG 3 BEAN **5.25**

Cumberland Sausage, Red Kidney Beans, Chickpeas, Butterbeans, Celery, Scotch Bonnet, Cumin Powder
DF – Contains Gluten, Celery, Sulphur Dioxide (Kcal – 336)

CHILLI BUTTERBEAN **4.50**

Butterbeans, Oregano, Scotch Bonnet, Coriander, Cumin, Smoked Paprika, Celery, Tomato Puree, Double Cream
V, GF – Contains Milk/Dairy, Celery (Kcal – 266)

SUMMER MINESTRONE **4.50**

Savoy Cabbage, Parmesan, Orzo Pasta, Celery Potatoes, Tomatoes, Basil, White Wine
V – Contains Gluten, Dairy, Egg, Celery, Sulphites (Kcal – 224)

SOUTH INDIAN TOMATO RASAM **4.50**

Toor Dhal Lentil, Tomatoes, Ginger, Tamarind, Curry Leaves, Mustard Seeds, Chilli, Asafoetida, Cumin Seeds
VG, DF, GF, SK – Contains Mustard (Kcal – 422)

ANDALUSIAN GAZPACHO (Chilled) **4.50**

Tomatoes, Red Peppers, Cucumber, Garlic, Onion, Olive Oil, White Wine Vinegar, Bread
Served with Cucumbers. VG, DF, SK – Contains Gluten (Kcal – 257)

ALL SOUPS ARE AVAILABLE IN LARGE SIZE FOR JUST £2.00 EXTRA

VG- vegan; V- vegetarian; DF- dairy free; GF- gluten free; SK- skinny